



# Participants Wanted

[Image showing a woman who uses a wheelchair, sitting in a café, focusing on her laptop screen.]

Hello,

My name is Hayrunisa Pelge. I am a researcher at the University of Birmingham's Health Services Management Centre and the Centre for Care (based at the University of Sheffield).

Professor Catherine Needham and I are working on a project called 'Transitions that Matter'. Our aim is to research the life changes or transitions of people with disabilities / who are disabled and those who provide care support for them (paid and unpaid).

For example, you may be:

- Getting a new job
- Returning to education
- Moving house within the UK
- Changing your support provider
- Have moved from another country to the UK
- Moving from children's services to adult services
- An older person moving into residential care
- An Adult Social Services user moving into using Older Adult Services

Any of the above would be considered a life transition and you are welcome to get in touch with us. If you have had any other life changes that you would like to talk about with us then please let us know. You may also have wanted to make some life changes but not felt able to do so; this is something we would also like to talk about with you. Please contact me for further information:

Hayrunisa Pelge, Research Fellow, University of Birmingham. Email address: [h.pelge@bham.ac.uk](mailto:h.pelge@bham.ac.uk) / Telephone no.: 0121 414 6030 / Address: Health Services Management Centre, Park House, 40 Edgbaston Park Road, Birmingham, B15 2RT.

If this poster is required in an alternative format then please let me know.

Image photo taken by Marcus Aurelius: <https://www.pexels.com/photo/photo-of-woman-using-laptop-4063619/>