









NIHR National Institute for Health and Care Research



Economic and Social Research Council

Unpaid Care Dashboard Overview And How To Navigate It





Welcome to the Unpaid Care Dashboard.

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Your go-to tool for exploring census data on unpaid care.



Don't worry if data and statistics feel uncomfortable, we've made it easy to navigate.



In just three minutes, you'll be ready to explore!



Dashboard Overview.



This interactive tool visualises Census data on, unpaid care, and unpaid carers' demographics, health, education, and employment, allowing you to compare different regions, local authorities, and time periods authorities, and time periods.



Navigating the Dashboard. You'll find different theme pages.



Unpaid Care – This page focuses on unpaid carers only and shows how factors like ethnicity, gender, hours of care, employment and age are connected.



Demographics – This page provides straightforward statistics and graphs on age, ethnicity, sexual orientation, religion and marital status, allowing you to compare unpaid carers to the general population.



Health – Like the Demographics page, this section provides statistics and graphs on health and disability status comparing unpaid carers to the general population.



Education – This page provides details on the highest education levels achieved.



Employment – This page focuses on Job categories and employment history for unpaid carers and non-carers.



To make things even easier for you, we have created a "Compare" page. This page allows you to compare different local authorities or track changes over time within the same authority, focusing on unpaid care, demographics, health, education, and employment.



Filtering Your Data.



Each page lets you filter by:

- Local authority to compare data across different geographies.
- Hours of care Filter by weekly hours of care provided.
- Year Compare data over time from 2011 or 2021.
- Sex & Age Break down data by these key demographics.



You can use the control button to make multiple selections across all filters. For example, you could combine local authorities that make up an Integrated Care Board.



Use the 'i' information icon to view the information box explaining the content presented.



Look for the data description box (top right corner) on each page—it explains Census terms for all the Census categories used in our study.



Want quick numbers?





Head to the Quick Stats page for no-frills summaries.



If you want the data or the visualisations in Microsoft Excel or Word formats - ready for your own analysis and reports - click "Request data" to submit a form. Your requested data/ visualisation will be emailed directly to you.

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Need More Help?

We hope this Dashboard empowers you with insights to tell your own datadriven stories and research!

Need further assistance?

Email us at: centreforcare@sheffield.ac.uk

Start exploring now!







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